

OCTOBER 2010

Reporter No. 2

E-mail Address: rossglen@sd76.ab.ca / web Address www.rossglen.ca

IMPORTANT DATES

- ❖ NOV 2 – SCHOOL COUNCIL MTG @7:00 PM
- ❖ NOV 4 – SCHOOL PHOTO RETAKES
- ❖ NOV 5 – RGS PARENT ASSOCIATION MTG 2:30 PM
- ❖ NOV 8 – HEP B & HPV PRESENTATION FOR GR. 5
- ❖ NOV 9 – REMEMBRANCE DAY ASSEMBLY
- ❖ NOV 11 – REMEMBRANCE DAY – NO SCHOOL
- ❖ NOV 12 – DISTRICT WIDE COMMON PLANNING DAY – NO SCHOOL FOR STUDENTS
- ❖ NOV 15 – BEGIN PHONING TO BOOK PARENT/TEACHER INTERVIEWS
- ❖ NOV 18 - 1ST REPORT CARD HOME
- ❖ NOV 18 – LAST DAY TO BOOK INTERVIEWS
- ❖ NOV 19 – TEACHER COLLABORATION/STAFF MEETING/NO SCHOOL
- ❖ NOV 24 & 25 – PARENT/TEACHER INTERVIEWS
- ❖ NOV 26 – SPIRIT DAY LUNCH/ASSEMBLY

Principal's Message – Mrs. Bullin

October has been a busy month with the start up of intramurals, choir and other activities. We hope you enjoyed "Dress for Success" day and the school pictures.

Halloween is an exciting time for the children with the flurry of costume parades and the Halloween dance. We hope you enjoy the fun.

The Fire Department came to speak to our students about escape routes and smoke alarms. We hope you entered the contest to be "Fire Chief for the Day"!

On November 12, the District will be holding a Professional Development Day with an assortment of workshops at Crescent Height High School. We look forward to some great sessions. As teachers, there is always much to learn in order to stay current on new curriculum changes and ideas.

Recently, at our staff collaboration day we analyzed our school provincial achievement test results. This is always a worthwhile exercise as we have some improvements to make and lots of things to celebrate.

PARENT/TEACHER INTERVIEWS – will be held on the evenings of **November 24th and 25th**. We will remind students daily to have parents call in to arrange for interview times. The evening interviews run from **3:30 p.m. to 6:00 p.m.**

- ***PHONE TO BOOK YOUR APPOINTMENT - Interview appointment times may be booked November 15-18, 2010. Please call the office @529-2960 and speak with Mrs. Baumbach.***

Report Cards for the first reporting period will be sent home on **Thursday, November 18, 2010**. Please return the Report Card to your child's teacher at Parent/Teacher interviews

ROAD RUNNER REPORTER DRAW – The winners of a dilly bar for reading our last reporter were:

Benjamin Gebhardt 2A	Simon Gebhardt KC
Michelle Pinder 3A	Cassie Orich 6A
Connor Gjerlaug 2B	Jason Rothfus 1C
Kyla Kearley 4A	Jordyn Kearley 6A
Le Sicotte 4B	Taylor Hanaghan 4A
Kierra Weatherhead 6B	Mikayla Eirich 1A

Good luck to our participants next month!

STUDENT OF THE MONTH – Congratulations to **Callie Johnson KA and Jessica Schmitt 5A**, our most recent student of the month winners!



PRINCIPAL'S PALS –The following students were drawn for the October Principal's Pals Luncheon:

Logan Nguyen 1A	Zoe Hogan 1B
Erica Winter 1C	Sean Hales 2A
Keanu Calderon 2B	Emma Smith 3A
Brooky Shannon 3B	Ethan Knodel 3C
Taylor Hanaghan 4A	Jacob Stoyke 4B
Sabrina Kimber 5A	Caydin Cleland 5B
Jessica Rutschke 6A	Cali Yearwood 6B

EXEMPLARY STUDENTS - These students have demonstrated outstanding academic achievement, outstanding and consistent effort, outstanding citizenship, and/or above average improvement in work habits or academic achievement for the month of October:

Sofia Piercey 1A	Keegan Shannon 1A
Sydni Martens 1B	Makaya Stork 1C
Brandon Bourke 2A	Austin Kenzle 2B
Hope Harper 2B	Justina Sawrie 3A
Jada Harper 3B	Madison Pederson 3C
Taylor Hanaghan 4A	Alexandra Stanke 4A
Jaron Wilson 4B	Dallas Reed 5A
Rhiannon Ware 5A	Maya Depaz 5B
Austin Newton 5B	Cassie Orich 6A
Michael Semko 6A	Jordyn Kearley 6A
Artur Gergely 6B	Billy Smith 6B
Jayden Bazinet KA	Jennifer Klassen KA



SEPTEMBER EXEMPLARY STUDENTS

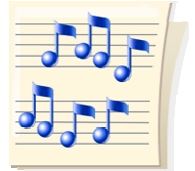
PRIMARY CHOIR – Primary Choir has opened its doors to many enthusiastic Grade 2 and 3 singers. Our goals, for each member of the choir, are to develop an



appreciation of various types of music, to develop good listening and vocal skills, and to realize the enjoyment of fellow musicians.

Rehearsals are scheduled every **WEDNESDAY at 12:20 p.m.** If your child has not attended this year, they are still welcome to do so.

We look forward to an exciting and fun filled year sharing the beauty of music with your child.



Ms. Felesky and Mr. Maier

UPPER ELEMENTARY CHOIR – The Upper Elementary Choir will be beginning in the middle of October. This is offered to Grades 4 – 6 students. Practices will be held at noon on **Mondays** in the music room. Stay tuned for our various performances throughout the year!



HAND BELL CHOIRS – We are excited to announce that we are starting Hand bell choir next week. Mrs. Mandel will be organizing the hand bell choir for interested Grade 5 and 6 students. This choir will be practicing on **Thursdays** at noon and will be performing at various school events. We look forward to our beautiful performances!

ART CLUB – We are also very excited to be offering an Art Club to Grades 4-6 students. This club will be held at noon hours on Tuesdays in Mrs. Mandel's Room! Please be sure to watch for the sign-up sheets. A different art project and craft will be held each month!

SCHOOL FEES WERE DUE SEPTEMBER 30TH – All unpaid student fees are now **PAST DUE**. If you have not paid your child's fees at this time, please call Mrs. Bullin at 529-2960 as special payment arrangements can be made. (Monthly installments may be arranged). We accept cash, post-dated cheques, VISA and MasterCard.

ALLERGIES: Parents are reminded that we have several children at Ross Glen School that have extreme allergies. These allergies are to nuts (especially peanuts). **The slightest contact with these substances can be life threatening to these students.** We ask for your support in minimizing this danger to these children by not sending nut products for snacks or lunches. Thank you.

WAS YOUR CHILD AT SCHOOL TODAY? – Please telephone the school (529-2960) if your child is sick or away from school. We have a 24 hour answering machine and you may leave a message if we are not in

the office. Please indicate if your student has any of the following influenza-like symptoms: sudden onset of coughing, fever, sore throat, aches/pains &/or vomiting.

STAFF PARKING – Parents are encouraged not to stop in the staff parking lot even for short visits. Our staff pays a fee for their parking spaces and even though it may be empty when you arrive, not all staff schedules are the same as school hours.



TRAFFIC SAFETY – Parents are reminded to exercise extra care and caution while driving in the area of the school. With many children coming and going and a large amount of vehicular traffic, we must do all we can to prevent a tragedy. Thank you to all of you who have responded so well to the requests to keep the parking lots and bus zone free of traffic.



ROSS GLEN SCHOOL LUNCH PROGRAM

Lunch Order Forms are sent home each TUESDAY and we ask that they be returned, with exact payment, on Friday morning.

This facilitates proper planning and acquisition of supplies by Mrs. Nickel. We cannot guarantee delivery of service for late returns, incomplete orders, improper payments and/or special requests. If we are to continue the level of service at such a reasonable cost, we truly do need everyone's cooperation.

We would like to thank the many families that took advantage of our yearly rates for Lunch Supervision. This offer expires as of October 30, 2010 for this year. Those who wish can participate in the monthly rates. To take advantage of this, please contact Mrs. Heninger.

We are pleased to offer this extra service to parents, but please be advised that ***students who do not behave appropriately may lose the privilege of having lunch at school.***

We are asking parents to **limit** the amount of **microwavable foods** that are being sent for lunch. Due to the limited amount of microwaves we can use at one time, students are using much of their lunch break standing and waiting in line. If at all possible, please avoid sending these items.

We would like to thank Delaine Nickel, Danielle Heninger, Myrna Brosnikoff, Helen Gazica, Dana Martens, Donalyn Hotrum, Cheryl Merkel and Lisa Long for the fine job they do of supervising students through the noon hour. We would also like to thank Delaine Nickel for the tremendous job she does of managing our Hot Lunch Program.

BEFORE/AFTER SCHOOL PROGRAM - Students in our program created placemats for the Veiner Centre.

These placemats will be used for a senior's luncheon in November. Good job students!

REMEMBRANCE DAY - NO SCHOOL on Thursday, November 11, 2010 as this is a stat holiday.

We will hold our Remembrance Day Assembly on November 9th at 10:30 a.m. for students. Parents and visitors are invited to join us.



SALE OF THE POPPIES: - Poppies will be available for all students. Students may make a small donation to the Royal Canadian Legion Poppy Fund. Collection cans will be located in each classroom. We do encourage each student to donate.

OPERATION CHRISTMAS CHILD SHOE BOXES -



Ross Glen School is once again supporting this wonderful opportunity to impact the lives of children around the globe. As a project of hope, love and joy, children who receive these boxes have a reprieve from their pain and fears as they discover the wonders inside, thanks to people like you who generously donated. If you are unable to pack a whole box, single items are gratefully accepted as many teachers have a classroom box for you to help fill.

Please return single items or filled boxes to the school by Tuesday November 9. Also, please remember to enclose \$7.00 for shipping, as well as attaching the appropriate label to the box. Boxes are available from Ms. Algie, Mr. Maier or outside the office on the table.

SCHOOL COUNCIL

Magazine Campaign - Thank you to all students and parents who participated in our first magazine campaign. We raised almost \$3000.00 in profits for the school by selling 277 magazine subscriptions. Congratulations to all of our prize winners! At the next school council meeting we will decide if we will run this campaign again next year. If you have feedback about the campaign (positive or negative) please plan on attending our next meeting on Tuesday, November 2 at 7:00 pm in the staffroom, or email Elizabeth Gebhardt at elizabeth.gebhardt@gmail.com.

Bake Sales - We have now completed two successful bake sales, raising over \$200.00 in total. Thanks to all of you who have contributed items for sale. We welcome all donations for the bake sale. Our only restriction is that we are a nut-sensitive school and we ask that any items baked with nuts or peanuts be avoided. We apologize for any confusion that may have arisen from the last newsletter. If you have special knowledge about baking for special diets (e.g. allergies, diabetes, etc) we would love to hear from you! Please email Elizabeth Gebhardt at elizabeth.gebhardt@gmail.com. Our goal is to have items for sale that all students in the school can purchase. Please note that our bake sales alternate

between Wednesdays and Thursdays so that our kindergarten children can have a turn to participate. Our next bake sale will be Wednesday, November 17, 2010.

Thank you to those parents that have donated baking last month.

Halloween Dance - Our dance will be held on Thursday, October 28 and we know a great time will be had by all! Thanks to Melanie Hullah and all the parent volunteers for making this dance happen.

Spirit Days - Pizza and pajamas, does it get any better than that? We had great participation for our October Spirit Day. Thanks to Catherine Fraser, Carrie Stober, and our other parent volunteers for organizing and distributing the lunch. Watch for details about our next Spirit Day lunch (Taco in a bag) coming soon.

Other Events - Students will enjoy a live performance of "Flushed" on the afternoon of Thursday, October 28, presented by Evergreen Theatre and sponsored by School Council. The money raised through the efforts of School Council goes directly back to students. Please consider becoming involved by attending our next School Council meeting on Tuesday, November 2 and 7:00 pm in the staffroom. The minutes from our last meeting are posted on the information board outside the main office. If you are unable to attend the meetings, but would like to receive a copy of the minutes, please email Elizabeth Gebhardt at elizabeth.gebhardt@gmail.com and we will add you to our electronic mailing list.

SAFETY PATROL NEWS – We have all seen how busy it can be in front of the school with cars, trucks and buses. Traffic jams make everyone frustrated and unsafe. For every student who walks to school, there is one less vehicle outside the school in the morning and afternoon.

So if you want to help make the school a safer place in the morning and afternoon, why not ask your parent to park a little further away and you can walk together.

If you have not walked to school before, ask someone you trust to walk with you and show you the way. They can point out any dangerous things along the route, and you will learn to get to school safely by yourself. Remember to follow all the traffic safety rules, and enjoy your walk to school!

Thank you to our grade six safety patrol helpers. Your assistance and modeling was greatly appreciated during the month of September. Our new patrollers were lucky to have your guidance. We would also like to thank this year's safety patrollers for the great job thus far. Your efforts are not going unnoticed and I am pleased with the responsibility you are taking in this new position.

We would like to also extend congratulations to **Emily Fraser** for earning the **Patroller of the Month**.

PHONE CALLS DURING SCHOOL HOURS – We recognize that there is a need to contact your child at school upon occasion. We ask that these contacts be kept to a minimum by limiting these to **emergency calls only**. Your cooperation is appreciated.



CITY WIDE FUN RUN – We had a large number of students participate at the city wide fun run at the end of September. They trained hard and represented us well. Thank you to all the staff that helped out with this program.

GRADE 5 SOCCER DAY – More than 20 Ross Glen students and lots of parents enjoyed the sunny weather to play in the Grade 5 Soccer Tournament on October 2nd. The Roadrunners showed great sportsmanship throughout the tournament and had a fantastic morning! Thank you to all of those who helped organize and run this event!



WINTER IS APPROACHING - Students should come to school appropriately dressed for the season. *Children are expected to be outdoors before school, recess and at noon hour and need to come prepared.*

INFLUENZA SEASON – Please remember to make a habit of washing your hands often. Also keep your hands away from your face to prevent the spread of colds and flu.

A special note to parents: please note we have Hand Sanitizer at each entrance for adults entering our building. Thank you for taking the time to use the Hand Sanitizer and making our school a safer place for our students!



Children's Health & Developmental Services

Parenting Courses

Upcoming *1-2-3 Magic* Parent Training courses:
Wednesdays, Nov. 3 & 10 @ 6:30-9:30 p.m. in Medicine Hat - Call 403-502-8257 to register
Wednesdays, Nov. 3 & 10 @ 9:00 a.m.-noon in Medicine Hat - Call 403-502-8257 to register

Wednesdays, Nov. 17 & 24 @ 9:00-noon at Parent Link Centre, Medicine Hat - *Register directly with PLC @ 403-504-0833*

Tuesdays, Nov. 23 & 30 @ 6:30-8:30 p.m. in Brooks - *Call 403-793-6664 or 403-502-8257 to register*

These are parent training sessions. Professionals who would like to learn about the *1-2-3 Magic* method of discipline in order to support their clients are always welcome to attend too, for their professional development. A certificate of completion is provided to all participants who complete both classes. Registration is free for everyone. Pre-registration is necessary.

In-services & Seminars

1-2-3 Magic & Behavior Management Strategies in the Classroom Professional In-service, 1-2-3 Magic In-service for Child Care Professional, ADHD in the Classroom Professional In-service, and ADHD Information Seminar for Parents continue to be available free of charge, upon request. The facilitator is Dr. Jill Ravello, Psy.D, R.Psych, CPT, MFT. To find out more about these parent seminars or professional development opportunities, call us at the phone number below.

Children's Groups

We continue to offer group services for children aged 3-7:

- ***Kids in Between*** Therapy Group for 6-7 year olds who have experienced parental separation or divorce
- ***Kids in Control*** Anger Management group for 6-7 year olds, and *Kids in Control* for 4-5 year olds
- The ***Little Sparks*** Filial Play Skills group for 3-5 year olds has been *replaced* by two groups: ***Lil' Kids with Limits*** and ***Courageous Lil' Kids*** Play Therapy groups.

Any parents interested in group services for their child may call our office at the phone number below for details. For descriptions of all our children's groups, visit our website at: <http://www.palliserhealth.ca/Team-Services.html>

Parent Resources

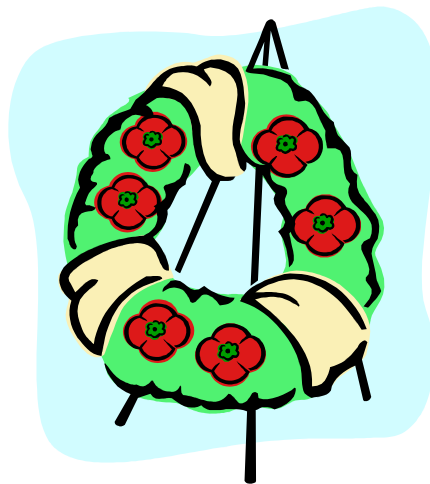
Information sheets on the effects of TV on children, and sleep deprivation in children and adults, as well as other topics of interest to parents and those working with children are available on our Alberta Health website: <http://www.palliserhealth.ca/Parent-Resources.html>



After reading the bulletin with your student please return this portion for our monthly draw.
(Please have your child put it in the draw box in the hallway outside of the office).

My child(ren), _____ in Grade _____ A / B, and I have read the Road Runner Reporter.


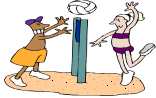










PARENT/GUARDIAN SIGNATURE



All color groups (12:20-12:45pm)

NOVEMBER 2010



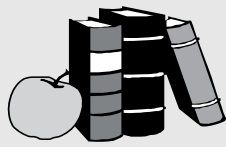
Monday JUNIOR (grade 1 & 2)	Tuesday INTERMEDIATE (grade 3&4)	Wednesday SENIOR (grade 5&6)	Thursday GRADE 1-3	Friday GRADE 4-6
<p>1</p> <p>Leader's Choice</p>	<p>2</p> <p>Volleyball</p> 	<p>3</p> <p>Volleyball</p> 	<p>4</p> <p>Open Gym Grade 1-3 (12:20-12:45)</p>	<p>5</p> <p>Open Gym Grade 4,5 & 6 (12:20-12:45)</p>
<p>8</p> <p>Cranes and Black Birds</p> 	<p>9</p> <p>Volleyball</p> 	<p>10</p> <p>Volleyball</p> 	<p>11</p> <p>NO SCHOOL Remembrance Day</p> 	<p>12</p> <p>NO SCHOOL</p>
<p>15</p> <p>Leader's Choice</p>	<p>16</p> <p>Castle Dodge Ball</p> 	<p>17</p> <p>Revenge Dodge Ball</p> 	<p>18</p> <p>Open Gym Grade 1-3 (12:20-12:45)</p>	<p>19</p> <p>NO SCHOOL</p>
<p>22</p> <p>Duck, Duck Goose</p> 	<p>23</p> <p>Big Net Soccer</p> 	<p>24</p> <p>Texas Kick Ball</p> 	<p>25</p> <p>Open Gym Grade 1-3 (12:20-12:45)</p>	<p>26</p> <p>Spirit Day</p>
<p>29</p> <p>Color Monster</p> 	<p>30</p> <p>Leader's Choice</p>			



November 2010

ROSS GLEN SCHOOL

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 SCHOOL COUNCIL MTG 7:00 PM	3	4 SCHOOL PHOTO RETAKES AM ONLY	5 PARENT ASSOCIATION MTG 2:30 PM	6
7	8 HEP B/HPV PRESENTATIONS FOR GRADE 5	9 REMEMBRANCE DAY ASSEMBLY 10:30 A.M. 	10	11 NO SCHOOL REMEMBRANCE DAY	12 NO SCHOOL DISTRICT WIDE COMMON PLANNING DAY	13
14	15 BEGIN BOOKING PARENT / TEACHER INTERVIEWS	16	17 SCHOOL COUNCIL BAKE SALE AT RECESS	18 FINAL DAY TO BOOK PARENT / TEACHER INTERVIEWS *1 ST REPORT CARD HOME	19 NO SCHOOL TEACHER COLLABORATION / STAFF MTG	20
21	22	23	24 PARENT / TEACHER INTERVIEWS 3:30—6:30	25 PARENT / TEACHER INTERVIEWS 3:30—6:30	26 SPIRIT DAY LUNCH AND ASSEMBLY 	27
28	29	30				



What is Influenza?

- Influenza is an infection of the lungs and airways caused by various strains of influenza virus that circulate throughout the world each year. In North America, influenza virus usually affects people between November and April - our "influenza season."
- Complications include pneumonia, bronchitis, and croup
- Symptoms appear quickly and include: fever, chills, aches, cough and fatigue
- Influenza is highly contagious and spreads through coughing, sneezing and talking
- Influenza can enter the body through the eyes, nose or mouth after touching contaminated objects such as door knobs and used tissues



Many people confuse the symptoms of influenza with those of a cold or gastroenteritis ("stomach flu") but they are different diseases.

Symptoms/ Description	Influenza	Common Cold	Stomach Flu
Fever	Usually high	Sometimes	Rare
Chills, aches, pain	Frequent	Slight	Common
Loss of Appetite	Sometimes	Sometimes	Common
Cough	Usual	Sometimes	Rare
Sore throat	Sometimes	Sometimes	Rare
Sniffles or sneezes	Sometimes	Common	Rare
Involves whole body	Often	Never	Stomach/bowel only
Symptoms appear quickly	Always	More gradual	Fairly quickly
Extreme tiredness	Common	Rare	Sometimes
Complications	Pneumonia; can be life threatening	Sinus infection Ear infection	Dehydration

How to Prevent Influenza

- Seasonal influenza protects against the three most common strains of influenza virus identified by the World Health Organization.
- Seasonal influenza vaccine is available at no charge for all Alberta residents over 6 months of age (including pregnant women) during October and early November.
- The vaccine takes 2 weeks to become effective and lasts for 4 to 6 months.
- Next to immunization, the most important way to prevent infection is hand washing. Washing hands well and often is the most effective way to control the spread of germs and diseases.
- Other strategies to prevent influenza include keeping hands away from the eyes, nose and mouth, disinfecting countertops, doorknobs, telephones, etc.
- Strengthen your immune system by being physically active, eating healthy and decreasing stress in your life.

**Please go to Alberta Health Services website at www.albertahealthservices.ca
or call Health Link at 1-866-408-5465
For information on Influenza immunization clinics in your area**